



St Patrick's & St Brigid's College

WEEK ONE

Week Beginning

31 Aug, 28 Sep,
26 Oct, 23 Nov,
21 Dec, 25 Jan,
22 Feb, 22 Mar,
19 April, 17 May,
14 June

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Vegetable Soup / Crusty Roll	Leek & Potato Soup Crusty Roll	Homemade Vegetable Soup / Crusty Roll	Leek & Potato Soup Crusty Roll	Homemade Vegetable Soup / Crusty Roll
Spaghetti Bolognese Garden Peas and Garlic Bread	Roast Turkey Breast with Herbed Stuffing, Baton Carrots, Oven Baked Roast Potato, Mashed Potato and Gravy	Chicken Tikka, Boiled Rice and Naan Bread	Roast Gammon with Savory Stuffing, Steamed Cabbage, Oven Baked Roast Potato, Mashed Potato, Gravy/Parsley Sce	Chilli Glazed Baked Salmon, Stir Fry Veg on a bed of Noodles
Peppered Chicken, Boiled Rice and Garlic Bread	Chicken Curry, Boiled Rice and Naan Bread	Chicken Pasta Bake, Corn on the Cob / Wheaten Bread	Lasagna, Garlic Bread, Salad and Slaw	Minced Beef Nachos served with Sour Cream and Guacamole
Chips Baked Potato	Oven Baked Roast Potato Mashed Potato	Oven Baked Wedges Mashed Potato	Oven Baked Roast Potato Mashed Potato	Chips Mashed Potato
Garden Peas Sweetcorn	Baton Carrots Steamed Broccoli	Corn on the Cob Diced Carrots	Steamed Cabbage Cauliflower Mornay	Mushy Peas Side Salad
Pork Sausage Hot-Dog with Sauté Onions	Beef Burger in a Bap	Pepperoni Pizza	Selection of Freshly Baked Paninis	Loaded Sunday Roast Dirty Fries
Chicken Bites / Goujons	Selection of Freshly Baked Chicken Paninis	Oven Baked Cod Goujons	Pork Sausage Hot-Dog with Sauté Onions	Selection of Freshly Baked Filled Baguettes
Pepperoni Pizza Slice	Chicken Wings & Dip of your Choice	Southern Fried Chicken Burger in a Bap	Breaded Chicken Goujons & Dip of your Choice	Chicken Burger in a Floury Bap
Apple Crumble Shortbread Muffins	Chocolate Sponge Fruit Cookie Fifteens	School Cake Flakemeal Biscuit Chocolate Chip Cookie	Lemon Drizzle Cake Chocolate Cracknel Cinnamon Swirl	Fruit Meringue Smores Ice-Cream

SNACK ITEMS



Why not try something from our range of healthy snack items?

GRAB & GO SALAD BAR



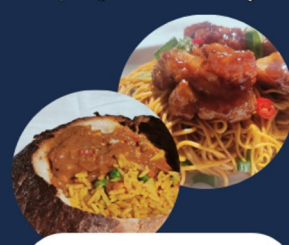
We serve a selection of Grab & Go items such as sandwiches, wraps, panini, salads, burgers & soups.

SWEET TREATS



Fancy something sweet... we have lots of options.

FLAVOURS OF THE WORLD



Check Out Our Daily Flavours Of The World Dish!

If you require any additional information on allergens or special diets please contact your school.

St Patrick's & St Brigid's College

WEEK TWO
Week Beginning
7 Sept, 5 Oct,
2 Nov, 30 Nov,
4 Jan, 1 Feb,
1 Mar, 29 Mar,
26 Apr, 24 May,
21 June

Monday	Tuesday	Wednesday	Thursday	Friday
Leek & Potato Soup Crusty Roll Breaded Fillet of Fish, Garden Peas, Mashed Potato and Parsley Sauce Crispy Chilli Beef Noodles and Garlic Bread Chips Mashed Potatoes Sweetcorn Garden Peas Southern Fried Chicken Wrap Pepperoni Pizza Slice Cheeseburger in a Bap Jam & Coconut Sponge Fruit Muffin Chocolate Oat Cookie	Homemade Vegetable Soup / Crusty Roll Oven Roast Chicken with Savoury Stuffing, Baton Carrots, Oven Baked Roast Potato, Mashed Potato and Gravy Homemade Cottage Pie, Steamed Mixed Vegetables, Mashed Potato and Gravy Oven Baked Roast Potato Mashed Potato Baton Carrots / Steamed Mixed Vegetables Selection of Freshly Baked Paninis Chicken Burger in a Bap Salt 'n' Chilli Bites Brownies Rice Krispie Square Yum Yum	Leek & Potato Soup Crusty Roll Chicken and Broccoli Bake, Garlic Bread, Salad and Slaw Cheesy Cajun Nachos served with Sour Cream and Guacamole Oven Baked Wedges Mashed Potato Diced Carrots Side Salad Mexican Chicken Enchilada French Bread Margherita Pizza Chicken Sub Carrot Cake Rocky Roads Shortbread Biscuit	Homemade Vegetable Soup / Crusty Roll Roast Beef Stuffing, Yorkshire Pudding, Cauliflower Mornay, O/B Roast Potato, Mashed Potato and Gravy Spaghetti Bolognese Steamed Broccoli and Garlic Bread Oven Baked Roast Potato Mashed Potato Steamed Broccoli Cauliflower Mornay Pork Sausage Hot-Dog with Sauté Onions Minced Beef Nachos Sour Cream and Guacamole Pizza Wrap Sticky Toffee Pudding Chocolate & Orange Cookie Fruit Muffin	Leek & Potato Soup Crusty Roll Chinese Style Chicken Curry, Boiled Rice and Naan Bread Chicken Crumble, Buttery Corn on the Cob / Wheaten Bread Chips Mashed Potato Mushy Peas / Buttery Corn on the Cob Chicken Fillet Burger in a Bap Spice Bag O/B Fish Fingers Lemon Meringue Caramel Square Butterfly Buns

SNACK ITEMS



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GRAB & GO SALAD BAR



**We serve a selection
of sandwiches, wraps,
panini, salads,
burgers, soups & other
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WEEK THREE

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14 Sep, 12 Oct,
9 Nov, 7 Dec,
11 Jan, 8 Feb,
8 Mar, 5 Apr,
3 May, 31 May,
28 June

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Vegetable Soup / Crusty Roll	Leek & Potato Soup Crusty Roll	Homemade Vegetable Soup / Crusty Roll	Leek & Potato Soup Crusty Roll	Homemade Vegetable Soup / Crusty Roll
Stuffed Sausage & Bacon, Steamed Cabbage, Mashed Potato and Gravy	Roast Turkey Breast with Herbed Stuffing, Baton Carrots, Oven Baked Roast Potato, Mashed Potato and Gravy	Homemade Cheesy Chicken Pasta, Butternut Squash and Oven Baked Wedges	Pork Chops, Cauliflower Mornay, Diced Carrots, Oven Baked Roast Potato, Mashed Potato, Gravy / Parsley Sauce	Oven Baked Battered Fillet of Fish, Mushy Peas and Mashed Potato
Chinese Style Chicken Curry, Boiled Rice and Naan Bread	Lasagne, Garlic Bread, Salad and Slaw	Chicken Korma, Boiled Rice and Naan Bread	Lasagne, Garlic Bread, Salad and Slaw	Chilli Chicken Stir Fry and Noodles
Chips Mashed Potato	Oven Baked Roast Potato Mashed Potato	Oven Baked Wedges Mashed Potato	Oven Baked Roast Potato / Mashed Potato	Chips Mashed Potato
Steamed Cabbage Steamed Broccoli	Baton Carrots Garden Peas	Butternut Squash Steamed Mixed Veg	Cauliflower Mornay Diced Carrots	Sweetcorn Mushy Peas
Selection of Freshly Baked Filled Bagels	Pork Sausage Hot-Dog with Sauté Onions	Chicken Wings with Sauce of your Choice	Pepperoni Pizza Slice	Chicken Burger in a Bap
Beef Burger in a Brioche Bap	Selection of Freshly Baked Paninis	Chicken Fillet Burger in a Bap	Selection of Freshly Baked Paninis	Selection of Toasties
Breaded Chicken Goujon Wrap	Pizza Wrap	Oven Baked Cod Goujons	Pork Sausage Hot-Dog with Sauté Onions	Breaded Chicken Bites & Dip of your Choice
Lemon Drizzle Cake Smores Banoffee Pie	Homemade Oat Cookie Ginger Cake Do-Nut / Ice-Cream	Hungarian Biscuit Pineapple Sponge Chocolate Chip Muffin	School Cake Canadian Tart Custard Creams	Fruit Muffin Chocolate & Raspberry Cookie Bounty Balls

SNACK ITEMS



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GRAB & GO SALAD BAR



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WEEK FOUR
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 18 Jan, 15 Feb,
 15 Mar, 12 Apr,
 10 May, 7 June

Monday	Tuesday	Wednesday	Thursday	Friday
Leek & Potato Soup Crusty Roll Chinese Style Chicken Curry, Boiled Rice and Naan Bread Chicken Chow Mein Chips Baked Potato Butternut Squash Garden Peas Oven Baked Cod Bites and Lemon Mayo Southern Fried Chicken Burger in a Bap Chicken and Vegetable Melt Baguette Chocolate and Orange Sponge Meringue Whirls Flakemeal Biscuit	Homemade Vegetable Soup / Crusty Roll Oven Roast Sliced Chicken Fillet with Savoury Stuffing, Baton Carrots, Oven Baked Roast Potato, Mashed Potato and Gravy Spaghetti Bolognese Broccoli & Garlic Bread Oven Baked Roast Potato / Mashed Potato Baton Carrots Steamed Broccoli Flatbread Pizza Selection of Freshly Baked Paninis Pork Sausage Hot-Dog with Sauté Onions Apple Sponge Ginger Biscuit Mallow Delights	Leek & Potato Soup Crusty Roll Butter Chicken, Boiled Rice and Naan Bread Homemade Chicken Pasta Bake, Oven Baked Wedges Mashed Potato Steamed Mixed Veg Buttery Corn on the Cob Chicken Burger in a Floury Bap Selection of Freshly Baked Filled Bagels Chicken Goujons & a Dip of your Choice School Cake Caramel Square Vanilla Cookie	Homemade Vegetable Soup / Crusty Roll Roast Beef with Herbed Stuffing, Yorkshire Pudding, Cauliflower Mornay, Oven Baked Roast Potato, Mashed Potato and Gravy Homemade Irish Stew and Wheaten Bread Oven Baked Roast Potato / Mashed Potato Cauliflower Mornay Diced Carrots Dresses Beef Burger in a Brioche Bap Pepperoni Pizza Slice Selection of Freshly Baked Paninis Chocolate Muffin Viennese Biscuit Swiss Roll	Leek & Potato Soup Crusty Roll Chicken Tikka, Boiled Rice and Naan Bread Oven Baked Breaded Fillet of Fish Chips Mashed Potato Sweetcorn Mushy Peas Assorted Chicken Wrap Pork Sausage Hot-Dog with Sauté Onions Breaded Chicken Bites with a Dip of your Choice Blondies Chocolate Chip Cookie Do-Nut / Ice-Cream

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